

PERCHED VILLAGES OF LIGURIA

USEFUL INFORMATION

LEVEL 3-4

Sporty moderate, from 12-year old

Elevation gain: 500 to 700 m

Walking time < 5 hours

Altitude < 3000 m

Backpack < 5 Kg (30 liters max)

Hiking shoes are mandatory. Mountain trails and steady ascents from 30 minutes to 1 hour.

MEETING POINT

1:30 PM at the Lago Bin hotel, Rocchetta Nervina (Imperia, Liguria)

ACCESS

We can organize your flight and your transfer to the meeting point, please do not hesitate to contact us.

END OF THE TRIP

The trip ends at 11AM on Day 8

Bus transfer

With a local company of 30 to 45 places Orgaya mini bus available for day 7

END OF THE TRIP:

The trip ends at morning on Day 8.

LUNCHES :

All lunches are made with fresh and local products by the accommodation owners.

BACKPACKS :

Backpack with water and clothes for the day, 3 kilos maximum.

INSURANCES:

Our insurance covers logistics and guiding of the hikes. **We kindly ask you to be personally well insured for civil liability.**

Please do not hesitate to contact us for assistance-cancellation-repatriation insurance. A quote will be provided.



Located at the foot of the Ligurian Alps and a few kilometers from the Mediterranean sea, the valleys of Argentina and Nervia host on their south faces some romantic and medieval perched villages. Those authentic hamlets look like they were in Middle-age, with farms, stone and vineyards where the Rossese wine is harvested. Above the grapes, on a summit at 2000m high, the statue of the Redentore is protecting the inhabitants. You will enjoy the beaches of the Riviera to make a jump in the Mediterranean Sea

AGENDA OF THE 8 DAYS:

Day 1 - Wednesday - Dolceacqua and the Doria's castle

We welcome you at Nice airport in the early afternoon and we transfer by bus to Italy to reach the fortified village of Dolceacqua (1 hour).

The medieval village, the 3D movie theater

1 hour of walking through the history of Dolceacqua and its medieval architecture. In the old town, the narrow streets, the castle, the places and the churches, we will tell you the story of the "Michetta". Around the corner, a 3D movie will show us how this place looked like centuries ago among the shepherds of the Nervia valley. Transfer to hotel 10 minutes.

Welcome drink and presentation of the trip at the hotel before dinner.

Day 2 – Thursday - The Principality of Seborga

Tour of the village and hike around the Black Mountain

Seborga is a small medieval village, 500 meters above Bordighera. Pope Gregory declared Seborga a Principality of the Holy Roman Empire in 1079 and its inhabitants choose their own Prince. We'll visit the village and reach the crest that leads to the summit of the Black Mountain. Our reward is a panoramic view of the Ligurian coast. On a clear day it is possible to observe Corsica.

- ✓ Walk: 150 m elevation gain / 3:30 hours / 7kms / visit of village, site with fossils and panoramic crest
- ✓ Discovery: 350 m elevation gain / 5 hours / 10 kms / visit, tour of Black Mountain and fossils
- ✓ Sports: 650 m elevation gain / 6 hours / 15 kms / village, crest, summit and fossils

Transfer by bus 45 minutes, 20 kms from hotel

Lunch: picnic

Day 3 – Friday – Rivers of Rocchetta Nervina "Possible swimming"

Close to the hotel is Rocchetta Nervina, a tiny medieval village with narrow streets and small piazzas, surrounded by woods and olive groves, dominating two beautiful rivers, Rio Barbaira and Rio Oggia.

- ✓ Walk: 150 m vertical drop / 3h30 / 8 km / valley of Oggia back and forth. No car transfer
- ✓ Discovery: 500 m vertical drop / 4h30 / 12 km / Rio Barbaira. 3 km transfer in minibus
- ✓ Sports: 800 m vertical drop / 6h00 / 15 km / Rio Barbera and Monte Abellio. No car transfer

Lunch: picnic

Day 4 – Saturday - San Remo Cycling "Possible swimming"

After a typical Ligurian breakfast, we head towards San Remo, the capital town of the Italian Riviera of Flowers (50 minutes). In the morning, we visit the old town and you will have free time in the market and the shops. After a picnic by the sea, we propose you to ride a bike or a Rosalie (pedal car) on the bike path that runs along the seaside, the "dolce vita", or do some shopping or relax on the beach.

Bike ride: from 0 hours to 3 hours, you choose.

Lunch: as you prefer: enjoy a little restaurant in the old town or buy local specialties and eat on the beach.

Day 5 – Sunday – Romantic Liguria “Possible swimming”

From the village of Cervo, overlooking the sea like a deer with its horns, you will cross the Forest Park Cervo and we will join the sea for a swim and a picnic on the beach.

Afternoon on the beach on the beautiful beach of Cervo.

- ✓ Walk: 150 m elevation gain / 2:00 hours / 5 km / Cervo Village
- ✓ Intermediate: 350 m / 3 hours / 9 kms / Hike and Cervo village

Transfer by bus 60 minutes

Lunch: picnic

Day 6 – Monday - The village of the witches

Triora is a very mysterious medieval village, perfectly preserved and with a very large and important history. It was a fortress on the border of the Genoa Republic and Nice County, so many armies passed by...it is also famous due to a terrible witch hunt that occurred in the 16th century.

- ✓ Walk: visit of village, history, churches, chapels, museum of the witch
- ✓ Hike: 300 m elevation gain / 3 hours / 10 kms / visit of village

Transfer by bus 2 hours, 70 kms from hotel

Lunch: picnic

Day 7 – Tuesday - Perched villages of Nervia valley

4 medieval villages in 1 day: Dolceacqua, Isolabona, Apricale, Perinaldo

6 hours of hike through history and panoramic views on the Italian Riviera. We'll walk on the terraces, forests and olive groves, panoramic crests with the view to the sea and the Ligurian Alps. We'll visit the Cassini's museum and its Meridian.

- ✓ Walk: 150 m elevation gain / 3:30 hours / 1 village
- ✓ Hike: 650 m elevation gain / 6 hours / 15 kms / a tour of 4 villages

Transfer by bus 10 minutes, 5 kms from hotel

Lunch: picnic

Day 8 – Wednesday - it's only an «au revoir»

A brunch will be organized by the hotel and then you can chill out near the pool or enjoy the park. End of stay and transfer to Nice airport around noon.

Our accommodation

HOTEL LAGO BIN « Valley of Nervia »



The Lago bin hotel is located in the middle of the Nervia valley. It is comfortable and calm and the atmosphere is the one of a chalet in the mountain. It is surrounded with gardens, a tennis court, swimming-pool and solarium, petanque and poolroom. Above all, it is famous for its typical and local food, served generously by a nice team. www.lagobin.it/

OUR LUNCHES :

Buffet of the Lago Bin: fresh salad of vegetables of the day, delicatessen, cheese, home bread, wine, fruits, coffee and snacks (all meals are home-cooked, with local italian products)

USEFUL INFORMATION

OUR SPIRIT AT ORGAYA

We propose outdoor activities, guided by a professional, graduated by a state diploma and with knowledge into geography, prehistory, ecology and coaching.

Performance is not our goal. We rather choose a relaxed approach. We like to share our knowledge, experience and our passion of nature acquired during many hikes in the mountains. We listen and adapt to your needs to build a program that suits your physical and financial possibilities and your points of interests. Our groups are composed of 5 and 15 persons maximum.

Our hikes are classified into 6 flavours depending into their main orientation:

- Nature
- Culture
- Discovery
- Family
- Technicity
- Sport

SERVICES AT THE HOTEL:

The hotel has 4 floors and an elevator. It has all the comfort of a modern hotel with balconies or terrace, phone line, flat tv screen, wifi, safe-deposit box, minibar, hair dryer, towels for the swimming-pool. A basket of fresh fruits is waiting for you...

Your opinion is important to us in order to improve our trips.

Please note: *the order of the hikes can be re-arranged by the guide depending on weather conditions. Cultural visits can replace the hikes in the worst cases.*



OUR PRICES: 8 DAYS AND 7 NIGHTS

WHAT THE PRICE INCLUDES

Bus transport package from 30 to 45 seats. For all transfers departing from the activities. Pick-up and return to Nice airport
Professional guide (French : Accompagnateur Moyenne Montagne), 15 persons maximum per group
6 days and a half of hikes and walks
Security gear
Professional civil liability insurances
Lunches from Day 2 to Day 7 with local fresh food
Half pension in 3-stars hotel
Wine at the restaurants, 1 bottle for 4 persons
1 wine tasting and farewell drink
1 entry to the 3D movie theater in Dolceacqua

NOT INCLUDED

Extra cost of a single room
Transportation to the meeting point
Personal snacks and drinks
Extra drinks at the bars
Lunches of Day 1 and Day 8
Personal civil liability insurances
Cancellation insurance

OUR PACK: FULL PENSION

YOU WILL LIKEPERCHED VILLAGES OF LIGURIA

3-star hotel with a good comfort
Perched villages and their narrow streets
Hikes with view above the Mediterranean Sea
Mountains of the Ligurian Dolomites
Wine tasting and 3D theater
Medieval cities and a mild climate

USEFUL INFORMATION

RESERVATION:

We advise you to book at least one month before departure.

Web : www.orgaya.com

Email : pierrervivier@gmail.com

Pierre : +33(0)6.62.43.87.03

PAYMENT:

Deposit of 30 % at booking time.

Balance 21 days before departure.

LEGAL INFORMATION :

YAGO ORGANISATION – ORGAYA

Accompagnateur en Montagne

SIRET 434 911 857 – DDJS n° 00698ED0262

Assurances MMA 105 630 300

ORGAYA- TRAVEL AGENCY

Immatriculation Opérateurs de Voyages

IM006130019 - Atout France

Garantie Financière : 10 000 € COVEA

RCP : SNAM MUTUELLES DU MANS - Oullins (69) n° 107

282 450

USEFUL WORDS :

- yes : Si
- no : No
- good morning: Buongiorno
- good evening: Buonaserà
- good night: Buonanotte
- see you, au revoir: Arrivederci
- excuse me : Scusi
- please: Per favore
- thank you: Grazie
- you're welcome: Prego
- water: Acqua
- beer : Birra

GROUP PRICE FOR 15 PERSONS

DOUBLE ROOM

820 € TTC / pers.

GROUP PRICE FOR 15 PERSONS

SINGLE ROOM

915 € TTC / pers.

RESERVATION / QUESTIONS

ASK FOR PIERRE

Web : www.orgaya.com

Email : sas.orgaya@gmail.com / pierrervivier@gmail.com

Mobile : +33 (0)6.62.43.87.03