

DOLOMITES VAL DI FASSA

8 days - 7 nights

Hiking trip

- ✓ One of the most beautiful regions of the Dolomites
- ✓ Hikes with stunning scenery
- ✓ Tasting of local products
- ✓ The flora of a unique site in Europe
- ✓ Full board accommodation in a 3 star hotel

South-east of Val d'Adige and the valley Isarco you'll find the « land of mountains » or « the Dolomites » with a varied and natural landscape.

Vertical walls, sheer cliffs and a high density of narrow, deep and long valleys, come and discover this beautiful region !

www.orgaya.com
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ORGAYA Voyages à pied

00 33 6 62 43 87 03

PROGRAM OF 8 DAYS



1 WELCOME TO THE DOLOMITES

Arrival at Venice airport and bus transfer to the hotel. After yourinstallation, briefing of the stay and the material with the guide.

2 SASS PORDOÏ - LE BOË

Sass Pordoî - Le Piz-Boë, highest point of the group Sella (3152 m).
A beautiful alpine hike with breathtaking views. To start this itinerary, we will take the bus to Passo Pordoi (2239 m) and then the lift to the departure point of Rifugio Maria (2950 m).

- Option 1 : + 300 m/- 300 m * 4h00 walking. Rifugio Boé.
- Option 2 : + 600 m/- 600 m * 5h00 walking. Piz Boé and Rifugio Boé

Lift Sass Pordoî : Yes

3 RODA DE VAEL AND ITS REFUGE

Theodor Christomannos walk starting off from Karerpass - Carezza
A loop circuit from the PASSO DI COSTALLUNGA, located in the heart of the mountain chain. Passages at the foot the Aiguilles Dolomitiques on a balcony to arrive to the refuge Roda Vael.

- Option 1 : + 200 m/- 530 m * 4h00 (ascent with the lift Paolina - Carezza, descent by foot)
- Option 2 : + 530 m/- 530 m * 5h00 walking (no lift)

PROGRAM



4 COLLAC MOUNTAIN CHAIN - REFUGE MELGA & CONTRIN

The refuge Contrin is located at the foot of the impressive Mount Marmolada, at the peak of "Val Contrin" homonym, with several peaks of more than 3 000 meters : Grand Vernel, Piccolo Vernel, Top Ombretta or Sasso Vernale.

In the heart of the mountain pastures,facing the Dolomites groups, the Refuge Melga and Contrin are surrounded by a stunning conifer forest at the foot of the impressive Marmolada group.

Lift : No

- Option 1 : + 350 m/- 350 m * 4h00 walking. Refuge Melga Cianci.
- Option 2 : + 600 m/- 600 m * 5h00 walking. Refuge Contrin

5 Resting Day

A day of rest for the hikers, the bus driver ... and the guides! You will be able to visit Canazei or enjoy the hotel surroundings.
Here are some suggestions:
Dolaondès Swim, enjoy, relax, pamper, regenerate, thanks to the water which springs from the mountains.
Chiesa di Sant'antonio
Chiesa di S. Giovanni
Museum of the Great War
Fassa Ladin Museum

- Lunch is not included
- Transportation is not included
- Entries to monuments or visits are not included

PROGRAM



6 MARMOLADA BELVEDERE

The belvedere offers a 360° view of the highest peaks of the Dolomites, Marmolada and Punta Penia 3.342m, Sassolungo 3.181m, Gruppo del Sella 3.152m, Sass Pordoi 2.950m. It's simply magical ! You access the belvedere from Canazei with a lift to Pecol at 1.926m then a lift to the belvédère, but also by foot...
From Passo Pordoï on a panoramic path with a stunning view of the Marmolada glacier and the Fedaïa lake. An easy and enjoyable itinerary on a balcony to allow you to fully enjoy the nature in the Dolomites.

- Option 1 : + 330 m/- 330 m * 4h00 walking.
- Option 2 : + 700 m/ 14 kms * 6h00 walking. Long and easy traverse to arrive to a beautiful lake.

7 TORRI DEL SASSOLUNGO

Passo Sella, Sella Di Val Gardena.
The « SASSO LUNGO is one of the most spectacular mountains of the Dolomites in the shape of a pyramide. It is the iconic mountain of the Val Gardena. SASSO LUNGO is accompanied by around ten peaks of various heights, between 2.787 and 3.181 meters.

- Option 1 : + 280 m/- 280 m * 4h00 walking.
- Option 2 : + 800 m/- 0 m * 5h00 walking, descent with the lift Furcela de Saslonch.

8 WE SAY GOODBYE...

Breakfast at the hotel and bus transfer to Venice airport.

- Départure from the hotel at 10h00



HIKING OPTIONS

A

CORVARA - BOÉ - VALUN RUNDWEG - REFUGE KOSTNER - CRËP DE MUNT

Transfert to Corvara and the heart of the Sella. Magnificent loop circuit starting from Corvara or Arabba in a very mineral landscape, Valun Rundweg. You will reach the refuge Kostner (2500 m) where a stunning panorma opens up on the Marmolada (3343 m) and its glacier, the highest point of the Dolomites ! Nice loop circuit to the Crëp de Munt (2152 m). Descent to Corvara or Arabba.

+ 300 m/- 500 m * 4h30 de marche , 8/10 km.

Lift Boê : Possible

B

SAN CASSIANO - COL DE VALPAROLA - PRALONGIÀ - PIZ SOREGA - SAN CASSIANO

Transfert to San Cassiano (1550 m) and Valparola (2168 m). Today you will pass through the beautiful mountain pastures. At the peaks of Gerda, reaching the Pralongià refuge (2157 m), during your hike, you will reach the Piz Surega refuge (2002 m) where a lift will take you to San Cassiano.

+ 300 m/- 400 m * 5h00 de marche , 8/10 km.

Lift Cabinovia Piz Sorega : Possible

C

SALTRIA

Compatsch is the entrance to the Alpe di Siusi. These are the largest mountain pastures in Europe, offering you a breathtaking view of the Dolomites of the italien Süd Tirol. The panorama goes from the Schlern mountain with Punta Santern all the way to Langkofelgruppe with the Langkofel and the Plattkofel. In the far you will see the Sella with Piz Boé, the Geisler with Seceda and Saas Rigais. During this loop you will enjoy a stunning view of the "bellissime montagne delle dolomiti".

Option 1 : + 300 m/- 300 m * 4h30 walking , 10 km.

Option 2 : + 550 m/- 550 m * 4h30 walking , 10 km.

Lift Seis Siusi / : Possible

VERY IMPORTANT : The guide reserves the right to modify the program for any reason (weather conditions, technical level of the participants, possible overbooking in the accommodations transport problems) in order to ensure the best stay possible.



MAP

Important : the feasibility of the hikes can be modified due to bad weather conditions or difficult accesibility.

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PRACTICAL INFO



Level of the hikes

Group 1: Elevation: average 600m, Walking time < à 5h30, Altitude < 3000 m
Group 2: Elevation: average 300 m ; Walking time < à 4h30 ; Altitude < 2550 m ; Easy paths and regular ascents.
Carrying < 3 Kg (backpack of max 20 litres) ;
The hikes will be adapted to the groups level and wishes, as far as possible.

Climate

Hikes possible from June 15th to the end of September. Temperatures can vary between 25° to 5° during the day.

Meeting point

At Venice airport

Formalities

Do not forget to bring your valid passport or National Identity Card, as well as your European Health Insurance Card.

Regarding formalities for entering the territory, please consult the website of the Department of Foreign Affairs.
Country code for Italy : 00 39.

Language in the Dolomites : the region is often bilingual German/Italian.

End of the stay

The stay ends on D8 at Venice airport, time to be discussed

Our accommodation

3 star hotel in Campitello di Fassa, a few kilometres from Canazei.

Comfortable hotel in mountain style.
Access to a wellness centre (pool, sauna, showers...) according to availability.
Quality equipment and friendly staff. Continental breakfast, dinner every evening.

Lunches

All of the lunches are prepared with local products as a picnic buffet.
We ask the participants to bring a lunch kit : plate, cutlery and glass.
The picnic lunches allow us to reduce the waste.



EQUIPMENT

The essentials

- Backpack of 30 litres
- Hiking or sports shoes
- Mountain trousers
- Sweater or fleece
- Windbreaker or rain coat
- T-shirt or spare clothes (6 days)
- Cap, sunglasses, sunscreen
- Knife and water bottle (1.5 litre minimum)
- Personnel snacks: dried fruits and chocolat bars
- Personal medications (plasters, aspirine ...)
- Mug, one thermos for 3 persons
- Picnics : Plates, cutlery, airtight box

We advise you to bring

- Casual outfits for cultural visits
- Towel and swimsuit
- Your camera
- An umbrella... sometimes it rains

Groups

Our groups consist of 6 to 15 persons per guide.

PRICES

to be found on **www.orgaya.com**



8 days - 7 nights

Hiking stay

INCLUDED :

- Guiding by a certified guide (maximum 15 persons per group)
- Transportation by bus from Venice airport to the hotel, during the week for the departures of the hikes and back to Venice airport.
- The lifts necessary for the hikes
- 5 days of hikes and walks
- Security gear
- Professional civil responsibility insurances
- Half-board accommodation in a 3 star hotel in double or twin room
- Lunches from D2 to D4 and D6 to D7
- 1 welcome drink

NOT INCLUDED :

- Transportation to the meeting point
- Transportation during resting day
- Personal drinks and food
- Extra drinks and food ordered at bars and restaurants
- Lunch on D1, D5 and D8
- Wine and water at the restaurant
- Single room supplement
- Insurances for individual responsibility
- Cancellation insurance
- Everything that is not indicated in the section " Included in the price"



OUR CHARTS

Quality chart : ORGAYA

We help you to discover our sporting activities, accompanied an coached by professionals with state diplomas, with extensive knowledge of geography, prehistory, ecology and coaching. Our approach is fun and relaxed. We are not looking for performance. We are here to help you discover nature and share our knowledge and passion acquired during 30 years in the field of hiking. We are at your disposal to adapt our services to your physical condition, your financial possibilities and your interests. Our groups consist of 6 to 15 persons per guide.
Our hikes and walks are classified in 6 categories according to the features :

- Nature
- Culture
- Discovery
- Family
- Technical
- Sporty

Difficulty chart

●○○○○ Easy, from 6 years old. Elevation : 100 to 250 m ; Walking time < 3h00 ; Altitude < 2250 m ; Backpack weight < 3 Kg (backpack of max 20 liters) ; All types of sport shoes. Easy trails and regular ascents of 15 minutes.

●●○○○ Moderate, from 9 years old. Elevation : 250 to 500 m ; Walking time < 4h00 ; Altitude < à 2250 m ; Backpack weight < 3 Kg (backpack of max 20 liters) ; Hiking shoes recommended. Marked trails and regular ascents of 30 minutes.

●●●○○ Moderately sporty, from 12 years old. Elevation : 500 to 750 m ; Walking time < 5h00 ; Altitude < 3000 m ; Backpack weight < 5 Kg (backpack of max 30 liters) ; Hiking shoes mandatory.. Mountaintrails that are marked or not and regular ascents of 30 minutes to 1h00.

●●●●○ Sporty. Elevation : 750 to 1000 m ; Walking time < 6h00 ; Altitude > 3000 m ; Backpack weight : > 8 Kg (backpack of max 50 liters) ; Hiking shoes mandatory. Passages off trail, screes and regular ascents of more than 1 hour.

●●●●● Difficult. Elevation > 1000 m ; Walking time > 6h00 ; Altitude > 3000 m; Backpack weight : > 10 Kg (backpack of 60 liters and more); Hiking shoes mandatory. All types of ground, regular ascents of 2 hours or more.

LEGAL INFORMATION



Insurance

Our insurance covers the organisation and the guiding of our hikes and cultural visits. We kindly ask our clients to have an individual liability insurance. You can subscribe through our services to an insurance for assistance-repatriation and cancellation as a group (min 10 persons) or individual. The insurance Loisirs Confort covers damages suffered by the insured before and during the stay as well as the costs remaining at his expense. The insurance can include personal assistance, garantuees in case of cancellation of the trip, guarantee for luggage, guarantee fees for interrupting the stay as well as a compensation in case of a physical accident according to the conditions of the contract you subscribed to.
You can find the general sales conditions on **www.orgaya.com**

Registration

For organisational reasons and availability in the hotels, we kindly ask you to enrol at least 3 months before the departure date.

Tailormade trips

On request we can create a tailormade trip by modifying the lenght of the stay, the level of the hikes and the quality of the accommodation.

Payment & reservations

www.orgaya.com / sas.orgaya@gmail.com
Deposit of 35 % when booking
Balance : 21 days before the departure date
Payment methods available : Credit card, bank transfer

Legal details

ORGAYA- OPERATEUR DE VOYAGES
Immatriculation Opérateurs de Voyages
IM006130019 - Atout France
Garantie Financière : 100 000 € GROUPAMA
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Thanks from Orgaya !