

GRASSE, PERFUMES AND SHEEP

7 days - 6 nights

Hiking trip

- ✓ The hotel near the town
- ✓ The history of Grasse, the perfumery and the famous visitors
- ✓ The hikes with panoramic views of the sea
- ✓ The wildness of the plateaus
- ✓ The food of Provence, the olive oil and the rosé wine !
- ✓ Flora: Mediterranean and Alpine, at the same place !

Discover Grasse, the world's perfume capital, its history and its particular landscapes. Located 15 kms north of Cannes, its atmosphere is very different from the Côte d'Azur. This trip uncovers the charms of the Regional Natural Park of the Prealps d'Azur, a mix of wild fauna, ancient villages and panoramic views of the Mediterranean Sea.

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ORGAYA
Voyages à pied

00 33 6 62 43 87 03

PROGRAM OF THE 7 DAYS



1 WELCOME TO GRASSE

We will pick you up at Nice airport and bring you to Grasse and your accommodation.
After your installation in your room, we will have a briefing on the trip followed by a welcome drink near the swimming-pool.

2 CITY TREK OF GRASSE

A grand tour of Grasse and its beautiful neighbourhoods: we will use many stairs and hidden narrow streets to discover the medieval city. The views are magnificent and we will tell you all about the stories and the history of this area, on the footpath of Alice de Rotschild, Queen Victoria and Napoleon Bonaparte. The walk ends up in the city centre with a visit of a perfumery.

- No bus transfer
- Elevation 600 m, walking duration: 5h30
- Lunch: picnic

3 THE "REAL" NAPOLEON ROAD

Starting from the nice village of Saint-Vallier, we will walk on the "real" Napoleon road, a famous page of the French history, which put an end to the Royalty.

- Bus transfer 30 minutes
- Elevation 580 m, walking duration: 6 hours
- Lunch: picnic

4 FREE TIME OR HIKE IN ESTEREL

You can spend your day on the Côte d'Azur (Monaco, Antibes, Cannes, Iles de Lérins) or we can organize a cultural visit (village, museum), tourism (Valbonne, Tourrettes-sur-Loup...) or a completely different hike in the middle of the red rocks of volcanoes in the Esterel, a balcony above the sea. Entrance fees, boat trip etc not included in the price.

You might also enjoy a day of rest and some swimming at your hotel.

PROGRAM



5 THE PLATEAU OF CAUSSOLS AND ITS BORIES

We will walk in a typical landscape of this karstic area, full of geological and archaeological sites, inhabited since Neolithic, 6000 years ago. When the sun warms up the cliffs, the big vultures take off and look for food... a superb show for us !

- Bus transfer 20 minutes.
- Elevation 600 meters, walking duration: 6 hours
- Lunch: picnic

6 GOURDON AND THE PLATEAU OF CAVILLORE

Gourdon is one of the most beautiful villages in France. Overlooking the Côte d'Azur, it is known as 'the eagle's nest'. During the cold season, the flocks of sheep spend their days in the grassy fields, well protected by the patous and the shepherds. In this region, the return of the wolf in the 90's is quite an issue!

- Bus transfer 20 minutes
- Elevation 500 meters, walking duration: 6 hours
- Lunch: picnic

7 UNTIL WE MEET AGAIN...

After a last breakfast on the terrace, it is time to take the last pictures and say goodbye. We are sure you will love the authenticity of this trip. We bring you back to Nice airport for your return flight.



MAP



Important : hikes may be rearranged by the guide depending on weather conditions, number of visitors or public transportation.

PRACTICAL INFO



Level of the hikes

Moderate sporty, 12 years old minimum. Elevation gain: from 350 to 650m ; Effective walking time < 5 hours ; Altitude < 2000 m ; Backpack < 3 Kg (20 liters max); Hiking shoes are mandatory. Mountain trails or off-tracks, steady ascents from 30 minutes.

Climate

Hike possible from September to June.
Temperatures can vary from 30 to 10 degrees in the same day.

Meeting point

Nice airport.

Access

We can organize your flight, please do not hesitate to contact us.

End of the stay

The trip ends at Nice airport on Day 7.

Transport on site

Transfers to the start of the hikes are done by bus.

Our accommodation

- A holiday village located between the mountains and the sea. The ideal holiday destination, located between the Mediterranean and Provence. Traditional buffet restaurant, picnics for more freedom, restaurant and terrace.

Possibility of outdoor swimming pool heated to 26°C from April to October, according to the accommodation chosen.

Our lunches

All the lunches are prepared by the hotel or the guide with local products and adapted to the hikes.

This program can be adapted in many ways: feel free to ask us for more hikes, more cultural visits or more tourism.



EQUIPMENT

The essentials

- Backpack of 30 litres
- Pair of hiking shoes
- Mountain pants
- Pile jacket
- Rain cover and wind shell
- Extra base layer
- Warm socks
- Cap, sunglasses, sunscreen
- Knife and water bottle (1.5 liters minimum)
- Extra food: high-energy snacks
- Personal medication
- Picnic kit : glass, plate, fork, knife

We advise you to bring

- Casual clothes for the cultural visits
- Towel and swimsuit
- Camera

Groups

Our groups are made up of 6 to 15 people per guide.



PRICES

to be found on **www.orgaya.com**

7 days - 6 nights

Hiking trip

INCLUDES

- Trip organization and all reservations
- Professional guide (French: Accompagnateur Moyenne Montagne), 15 persons maximum per group
- Bus transfers for the hikes
- Bus transfer to and from Nice airport
- 4 days of hikes
- Security gear
- Professional civil liability insurances
- Lunches from Day 2 to Day 6 with local fresh food
- A visit of a perfumery
- Half-board accommodation in double room
- Buffet dinners from Day 1 to Day 6
- A welcome drink

DOES NOT INCLUDE

- Supplement for a single room
- Personal snacks and drinks, wine at the restaurant
- Extra drinks at the bars
- Personal expenses and tips
- Lunches of Day 1 and Day 7
- Personal civil liability insurance
- Cancellation insurance
- Tickets to monuments, touristic sites and villas (all of them are optional)
- Transportation to the meeting point*
- Everything that is not indicated in the section «What the price includes »

*We can organise your flight and your transfer to the meeting point



OUR CHARTS

Quality chart : ORGAYA

We help you to discover our sporting activities, accompanied an coached by professionals with state diplomas, with extensive knowledge of geography, prehistory, ecology and coaching. Our approach is fun and relaxed. We are not looking for performance. We are here to help you discover nature and share our knowledge and passion acquired during 30 years in the field of hiking. We are at your disposal to adapt our services to your physical condition, your financial possibilities and your interests. Our groups consist of 6 to 15 persons per guide.
Our hikes and walks are classified in 6 categories according to the features :

- Nature
- Culture
- Discovery
- Family
- Technical
- Sporty

Difficulty chart

●○○○○ Easy, from 6 years old. Elevation : 100 to 250 m ; Walking time < 3h00 ; Altitude < 2250 m ; Backpack weight < 3 Kg (backpack of max 20 liters) ; All types of sport shoes. Easy trails and regular ascents of 15 minutes.

●●○○○ Moderate, from 9 years old. Elevation : 250 to 500 m ; Walking time < 4h00 ; Altitude < à 2250 m ; Backpack weight < 3 Kg (backpack of max 20 liters) ; Hiking shoes recommended. Marked trails and regular ascents of 30 minutes.

●●●○○ Moderately sporty, from 12 years old. Elevation : 500 to 750 m ; Walking time < 5h00 ; Altitude < 3000 m ; Backpack weight < 5 Kg (backpack of max 30 liters) ; Hiking shoes mandatory.. Mountaintrails that are marked or not and regular ascents of 30 minutes to 1h00.

●●●●○ Sporty. Elevation : 750 to 1000 m ; Walking time < 6h00 ; Altitude > 3000 m ; Backpack weight : > 8 Kg (backpack of max 50 liters) ; Hiking shoes mandatory. Passages off trail, screes and regular ascents of more than 1 hour.

●●●●● Difficult. Elevation > 1000 m ; Walking time > 6h00 ; Altitude > 3000 m; Backpack weight : > 10 Kg (backpack of 60 liters and more); Hiking shoes mandatory. All types of ground, regular ascents of 2 hours or more.

LEGAL INFORMATION



Insurance

Our insurance covers the organisation and the guiding of our hikes and cultural visits. We kindly ask our clients to have an individual liability insurance. You can subscribe through our services to an insurance for assistance-repatriation and cancellation as a group (min 10 persons) or individual. The insurance Loisirs Confort covers damages suffered by the insured before and during the stay as well as the costs remaining at his expense. The insurance can include personal assistance, garantuees in case of cancellation of the trip, guarantee for luggage, guarantee fees for interrupting the stay as well as a compensation in case of a physical accident according to the conditions of the contract you subscribed to.
You can find the general sales conditions on **www.orgaya.com**

Registration

For organisational reasons and availability in the hotels, we kindly ask you to enrol at least 3 months before the departure date.

Tailormade trips

On request we can create a tailormade trip by modifying the lenght of the stay, the level of the hikes and the quality of the accommodation.

Payment & reservations

www.orgaya.com / sas.orgaya@gmail.com
Deposit of 35 % when booking
Balance : 21 days before the departure date
Payment methods available : Credit card, bank transfer

Legal details

ORGAYA- OPERATEUR DE VOYAGES
Immatriculation Opérateurs de Voyages
IM006130019 - Atout France
Garantie Financière : 100 000 € GROUPAMA
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Thanks from Orgaya !