

THE CARNIVALS OF THE RIVIERA

7 days - 6 nights

Hiking trip

- A welcoming 2-star hotel in the heart of Beaulieu-sur-Mer
- Spectacular Mediterranean views and charming hilltop villages
- Discover Cap Ferrat, Cap Martin, Beaulieu and Villefranche-sur-Mer
- Experience the world-famous Nice Carnival
- Enjoy the Menton Lemon Festival, parade and citrus displays
- The mild and sunny Mediterranean winter climate

This unique walking holiday invites you to explore the sun-drenched trails of the French Riviera, discovering picturesque hilltop villages, breathtaking coastal scenery and the wonderful fragrances of the Mediterranean.

From walks through lemon groves and flowering mimosa to the dazzling atmosphere of the world-famous Nice Carnival, every day brings a new experience. You will also discover Menton's spectacular Lemon Festival, including its magical illuminated evening parade.

www.orgaya.com
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ORGAYA
Voyages à pied

06 62 43 87 03

7-DAY ITINERARY



1 WELCOME TO THE RIVIERA

Your guide will welcome you at Nice airport. Together, you will travel by public transport to Beaulieu-sur-Mer (approximately 30 minutes).

On arrival, check into your hotel and enjoy some free time to explore this charming seaside town, beautifully situated between the mountains and the Mediterranean.

- Transfer by tram (10 minutes) and train (approximately 30 minutes)
- Welcome briefing with an aperitif
- Depending on your arrival time, an introductory walking tour of Beaulieu-sur-Mer
- Night in a 2-star hotel in Beaulieu-sur-Mer, with dinner at a local restaurant

2 LEMON GROVE WALK & ILLUMINATED PARADE

Today, we explore Menton's beautiful citrus-growing heritage.
This half-day walk takes us through the lemon groves of the Garavan district, where you will discover the many varieties and uses of Menton's famous lemons.

We will visit La Casetta lemon grove and explore local speciality shops, where you can find delicious lemon-based products and souvenirs.
Picnic lunch in the olive grove park.

In the evening, take your seat in the seaside grandstands for the spectacular illuminated parade of the Menton Lemon Festival. Enjoy an unforgettable atmosphere of colourful floats, music, lights and festive celebrations.

- Walking level: One level - 250 m ascent / 3 hrs 30 mins / 8 km
- Dinner: At your own expense. We recommend bringing a sandwich to enjoy in the grandstands while waiting for the parade
- Transport: Return train journey between Beaulieu and Menton (approximately 25 minutes each way)

PROGRAM



3 CAP MARTIN COASTAL WALK & MEDIEVAL VILLAGE

The Cap Martin coastal walk is one of the most beautiful routes along the French Riviera, between Monaco and Menton, offering spectacular views across the Mediterranean.

Also known as the Promenade Le Corbusier or the Sentier des Douaniers (Coastal Customs Officers' Path), this scenic trail winds past secluded coves, umbrella pines, magnificent villas and lush Mediterranean vegetation. We will continue along the famous Promenade du Soleil to reach Menton's charming Old Town.

Level 1: 150 m ascent / 3 hrs 30 mins / 9 km
Level 2: 250 m ascent / 4 hrs 30 mins / 12 km
Level 3: 650 m ascent / 5 hrs 30 mins / 15 km
Transport: Train from Beaulieu to Cabbé (20 minutes)
Night in our 2-star hotel in Beaulieu, with dinner at a local restaurant

4 NICE CARNIVAL & DISCOVERING OLD NICE

A journey into the traditions, celebrations and authentic charm of Nice
Every winter, Nice bursts into colour and excitement as the city celebrates its most iconic event: the world-famous Nice Carnival.
Beyond the festivities, however, the city has another treasure waiting to be discovered: Vieux Nice, the historic Old Town.
With its narrow, colourful streets, lively squares, fragrant markets and magnificent Baroque architecture, Old Nice captures the true spirit of the Mediterranean and offers a wonderful journey back in time.

- Morning walk: Castle Hill and Old Nice - 100 m ascent / 2 hrs / 5 km
- Lunch: Free time for lunch on the beach or Castle Hill (at your own expense)
- Afternoon or at midday (depending on availability): Nice Carnival, with reserved seating in Place Masséna or equivalent
- Transport: Return train journey between Beaulieu and Nice (approximately 20 minutes each way)
- Night in our 2-star hotel in Beaulieu, with dinner at a local restaurant



PROGRAM

5 VILLEFRANCHE BAY & THE PORT OF THE KINGDOM OF SAVOY

The magnificent bay of Villefranche-sur-Mer is one of the jewels of the French Riviera. Sheltered at the foot of the Alps, its calm, deep waters made it an ideal natural harbour for the historic Kingdom of Savoy.
Our walk takes us around the beautiful Cap Ferrat peninsula, following coastal paths between the sparkling Mediterranean and fragrant pine forests.
Along the way, we will discover elegant villas, exotic gardens and breathtaking coastal scenery.

- Walking level: One level - 200 m ascent / 4 hrs 30 mins / 10 km
- Transport: Train from Beaulieu to Villefranche-sur-Mer
- Night in our 2-star hotel in Beaulieu, with dinner at a local restaurant

6 NIETZSCHE'S PATH & THE MEDIEVAL VILLAGE OF ÈZE

The famous Nietzsche Path is one of the French Riviera's most iconic walks, connecting the Mediterranean coast with the enchanting medieval hilltop village of Èze.
The trail follows the route said to have been walked by the German philosopher Friedrich Nietzsche during his stays on the French Riviera in the late 19th century. It is believed that the beauty of these surroundings inspired him while writing the third part of Thus Spoke Zarathustra.
This winter walk offers a wonderful variety of landscapes and colours, from fragrant Mediterranean scrubland to dramatic cliffs overlooking the beaches and endless shades of blue across the sea.

- Level 1: 200 m ascent / 3 hrs 30 mins / 7 km
- Level 2: 350 m ascent / 4 hrs 30 mins / 10 km
- Level 3: 450 m ascent / 5 hrs / 13 km
- Transport: Train from Beaulieu to Èze-sur-Mer
- Night in our 2-star hotel in Beaulieu, with dinner at a local pizzeria

7 UNTIL WE MEET AGAIN...

After breakfast, departure from the hotel and transfer by train to Nice Airport, accompanied by your guide.

- Departure from the hotel according to your return flight schedule



MAP



Important: Please note that some walks may need to be modified or cancelled due to adverse weather conditions or limited access to certain trails.

PRACTICAL INFORMATION



Walking difficulty

Moderate level, *Elevation gain 250 - 500 m ; Walking time < à 4h00 ; Altitude < à 2250 m ; Backpack weight: Less than 3 kg (maximum 20-litre daypack) ; Hiking shoes are recommended. Walks mainly follow waymarked trails with steady uphill sections of approximately 30 minutes.*

Climate

Walking holidays are possible from February to June and from September to November. The carnivals take place during the last 2 weeks of February.
Temperatures can vary considerably from day to day, generally ranging between 10°C and 20°C.

Meeting point

Nice airport

Local transport

Throughout this holiday, we use public transport.
Trams and trains provide easy connections between Nice Airport and Beaulieu-sur-Mer, while local trains are used to reach the starting points of our walks when necessary.

End of the stay

The stay ends at Nice airport on Day 7.

Our accommodation

Our welcoming 2-star hotel enjoys a convenient location in Beaulieu-sur-Mer, just a two-minute walk from the railway station and close to local bus services.
It is the perfect base for exploring the surrounding coastline while enjoying everything this charming seaside town has to offer.
Beaches, shops, restaurants and local attractions are all within easy walking distance, while the famous harbour of Saint-Jean-Cap-Ferrat is just a 15-minute stroll away.
The hotel offers comfortable rooms with private bathrooms, televisions and a warm, friendly welcome. *Possibility of a hotel in Menton towards a supplement.*

Picnic lunches

Lunches are generally enjoyed as picnics, featuring a selection of:
Salads, bread, cured meats, cheese, fresh fruit and cakes.
We also introduce you to local specialities such as focaccia and barbajuan.

Reservation

Due to the high demands for accommodation during the Nice Carnival and the Menton Lemon festival, we kindly ask you to book the stay 9-12 months in advance.



WHAT TO BRING

Essential Equipment

- 30-litre daypack
- Comfortable hiking shoes
- Walking trousers
- Warm jumper or fleece
- Windproof or waterproof jacket
- Spare T-shirt or base layer
- Sun hat, sunglasses and sunscreen
- Pocket knife and water bottle (minimum 1.5 litres)
- Personal snacks, dried fruit and energy or chocolate bars
- Small personal first-aid kit
- For picnic lunches : reusable food container, plate, cutlery and cup

We also recommend

- Comfortable casual clothes for sightseeing and cultural visits
- Your camera
- An umbrella – even on the French Riviera, it occasionally rains!

Group size

Our groups consist of 6 to 15 participants per qualified mountain walking guide.

THE PRICE

Full details available at
www.orgaya.com

7 days - 6 nights

Hiking trip



THE PRICE INCLUDES :

- Organisation of the holiday and all necessary reservations
- Tram and train transport throughout the stay
- Services of a fully qualified mountain walking guide (maximum 15 participants)
- 6½ days of guided walks and sightseeing
- Admission to the Nice Carnival parade, including seating in Place Masséna or equivalent
- Admission to the illuminated evening parade at the Menton Lemon Festival
- Provision of safety equipment
- Professional public liability insurance
- Picnic lunches featuring local specialities on Days 2, 3, 5 and 6
- Half-board accommodation in a 2-star hotel

THE PRICE DOES NOT INCLUDE :

- Single room supplements
- Travel to the meeting point
- Personal snacks and drinks
- Drinks in restaurants (bottled water, wine and coffee)
- Picnic lunches on Days 1, 4 and 7
- Dinner on Day 2 (we recommend bringing a picnic or sandwich for the evening parade)
- Personal public liability insurance
- Travel cancellation insurance
- Anything not specifically mentioned under "The Price Includes"

OPTIONAL SERVICES

MINIBUS TRANSFERS

For private groups, we can arrange transport for participants.
Transfers by 8-seater minibus are available at an additional cost.
For a quotation, please contact: sas.orgaya@gmail.com

ALTERNATIVE ACTIVITIES IN CASE OF BAD WEATHER (entrance fees are not included)

- Visit Villa Kérylos or Villa Ephrussi de Rothschild near Beaulieu
- Discover the museums of Menton
- Explore the museums of Nice or Monaco

OUR CHARTS



Quality chart : ORGAYA

We help you discover our sporting activities, accompanied an coached by professionals with state diplomas, with extensive knowledge of geography, prehistory, ecology and coaching. Our approach is fun and relaxed. We are not looking for performance. We are here to help you discover nature and share our knowledge and passion acquired during 30 years in the field of hiking. We are at your disposal to adapt our services to your physical condition, your financial possibilities and your interests. Our groups consist of 6 to 15 persons per guide.
Our hikes and walks are classified in 6 categories according to the features :

- Nature
- Culture
- Discovery
- Family
- Technical
- Sporty

Difficulty chart

●○○○○ Easy, from 6 years old. Elevation : 100 to 250 m ; Walking time < 3h00 ; Altitude < 2250 m ; Backpack weight < 3 Kg (backpack of max 20 liters) ; All types of sport shoes. Easy trails and regular ascents of 15 minutes.

●●○○○ Moderate, from 9 years old. Elevation : 250 to 500 m ; Walking time < 4h00 ; Altitude < à 2250 m ; Backpack weight < 3 Kg (backpack of max 20 liters) ; Hiking shoes recommended. Marked trails and regular ascents of 30 minutes.

●●●○○ Moderately sporty, from 12 years old. Elevation : 500 to 750 m ; Walking time < 5h00 ; Altitude < 3000 m ; Backpack weight < 5 Kg (backpack of max 30 liters) ; Hiking shoes mandatory.. Mountaintrails that are marked or not and regular ascents of 30 minutes to 1h00.

●●●●○ Sporty. Elevation : 750 to 1000 m ; Walking time < 6h00 ; Altitude > 3000 m ; Backpack weight : > 8 Kg (backpack of max 50 liters) ; Hiking shoes mandatory. Passages off trail, screes and regular ascents of more than 1 hour.

●●●●● Difficult. Elevation > 1000 m ; Walking time > 6h00 ; Altitude > 3000 m; Backpack weight : > 10 Kg (backpack of 60 liters and more); Hiking shoes mandatory. All types of ground, regular ascents of 2 hours or more.

LEGAL INFORMATION



Insurance

Our insurance covers the organisation and the guiding of our hikes and cultural visits. We kindly ask our clients to have an individual liability insurance. You can subscribe through our services to an insurance for assistance-repatriation and cancellation as a group (min 10 persons) or individual. The insurance Loisirs Confort covers damages suffered by the insured before and during the stay as well as the costs remaining at his expense. The insurance can include personal assistance, garantuees in case of cancellation of the trip, guarantee for luggage, guarantee fees for interrupting the stay as well as a compensation in case of a physical accident according to the conditions of the contract you subscribed to.
You can find the general sales conditions on **www.orgaya.com**

Registration

For organisational reasons and availability in the hotels, we kindly ask you to enrol at least 3 months before the departure date.

Tailormade trips

On request we can create a tailormade trip by modifying the lenght of the stay, the level of the hikes and the quality of the accommodation.

Payment & reservations

www.orgaya.com / sas.orgaya@gmail.com
Deposit of 35 % when booking
Balance : 21 days before the departure date
Payment methods available : Credit card, bank transfer

Legal details

ORGAYA- OPERATEUR DE VOYAGES
Immatriculation Opérateurs de Voyages
IM006130019 - Atout France
Garantie Financière : 100 000 € GROUPAMA
RCP : HISCOX, 38 Avenue de l'Opéra, 75002 Paris

Thanks from Orgaya !